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# Essential Oils Box Set #17: Coconut Oil For Skin Care & Hair Loss & Healing Babies And Children With Aromatherapy For Beginners (Coconut Oils, Skin Care, ... Healing, Detox, Virgin Coconut Oil)




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## Synopsis

Coconut Oil for Skin Care& Hair Loss: A Step by Step Guide for Using Virgin Coconut Oil for Youthful Skin and Healthy Hair + Healing Babies and Children with Aromatherapy for BeginnersDOWNLOAD TODAY AND RECEIVE A FREE BONUS RIGHT AFTER THE CONCLUSION! LIMITED TIME OFFER AND WILL LAST YOU FOR MONTHS!Coconut OilToday, there are already innovated ways on how to make use of coconut oil, ways that are actually beneficial to your health.Aside from that, it can also serve as a beauty essential; one that you would want and need for healthy, beautiful skin and hair. In this book you will know how you can use coconut oil to your advantage.The best thing about considering coconut oil as a beauty regimen is that it is a natural product, as if it is Mother NatureÃ¢â ¬â„¢s own gift for you, in her desire to make you even more beautiful.Being beautiful doesn't have to mean being in danger, or having to risk your health for the sake of beauty. Coconut oil can give you soft, shiny, fragrant, and damage-free hair as well as fairer skin without putting your safety on the line. The fact that it is a natural product reduces the chances of danger that you could most likely get when you continue to use chemical-based beauty products.Here Is A Preview Of What You'll Learn...A Brief HistoryKinds of Coconut OilThe Processes and Why ItÃ¢â ¬â„¢s Important for You to KnowCoconut Oil for Skin CareCoconut Oil for Healthy HairOther Beauty TricksDIY Coconut Beauty RecipesDIY Coconut Body RecipesCoconut Oil PullingMedicinal Benefits of Coconut Oil much more!Healing BabiesBabiesÃ¢â ¬â„¢ skin is often sensitive and thatÃ¢â ¬â„¢s why you have to be careful with what you apply to them. And since you are going to make use of essential oils, you need not worry much because these oils come from natural sources which mean that they are safe to use.However, since you are dealing with babies here, it would still be important to keep in mind some tips, such as:Ã¢â ¬Â¢Do not use essential oils for babies younger than 3 months old. During this stage, babies are extremely sensitive and it would still be best to check with your doctor first before applying anything on them. Lavender and Chamomile are the first two oils that you can use for babies. DonÃ¢â ¬â„¢t use eucalyptus oil unless babies are over 2 years of age as this may be too extreme for them. Ã¢â ¬Â¢Dilute the oils with water well before using so that the oils will not be too strong for the babies.Ã¢â ¬Â¢Do not give them essential oils orally! Ã¢â ¬Â¢You donÃ¢â ¬â„¢t have to be an expert when it comes to massaging babies or childrenÃ¢â ¬â •you only have to be very gentle and make sure that with each touch come love and affection. ItÃ¢â ¬â„¢s very important for a child to feel loved and wanted and thatÃ¢â ¬â„¢s what he/she should feel when you massage him/her with essential oils.Ã¢â ¬Â¢1% dilution or 5 drops essential oil to 2 Tbsp carrier oil is good for babies up to 2 years of age. After which, you can use 2% dilution or 10 drops essential

oil per 2 Tbsp carrier oil already.Ã¢â ¬Â¢And, you also have to make sure that you use only pure, essential oils. Synthetic oils and overly fragrant oils have no healing properties and wonÃ¢â ¬â„¢t make your babies/children feel better.Here Is A Preview Of What You'll Learn...Introducing Babies to AromatherapyBaby Massage OilsEssential Oils for Bath timeEssential Oils for Skin HealingEssential Oils for Inhalation and Room DiffusionEssential Oils for TantrumsEssential Oils for Coughs, Colds and FluEssential Oils for Other Ailments and Health PurposesMuch, much more!Download your copy today!

## Book Information

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## Customer Reviews

Great book! Use this when I had dry skin because I need more information and how to prevent filthy dried skin. This book came with A LOT of helpful remedies and they actually worked! My skin is now silky smooth!

Really great book. I read the whole thing over the weekend and learned a lot. I now know how to maintain my skin and hair using coconut oil! I didn't really know how to use any of it but after reading

this book a beginner like me become a professional!

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